



COMMUNITY RESOURCES
(Carroll County-Galax City-Grayson County)
(last updated 8/18/2010)

This "Street Sheet" is designed to provide anyone in a crisis with immediate resources or for others to give referrals. Listed are temporary shelters, housing services, clothing referrals, crisis centers, employment and training programs, health care information and meal programs. For additions or corrections, contact HOPE at 1-877-818-8680 or 276-228-6280 or email hope@wythehope.org. Visit www.wythehope.org for the most updated information.

Better Business Bureau

Western Virginia Office-Roanoke, visit www.vabbb.org or call 1-800-533-5501.

Clothing and/or Furniture

Church of the Good Shepherd-Galax, visit www.goodshepherdgalax.org or call 276-236-4957.

First Baptist Church of Galax, 1024 E. Stuart Drive; visit www.fbcgalax.org or call 276-236-5185.

Galax Community Services Center, 108 E. Old Town Road; call 276-236-7392 (open Wednesdays 9:00 a.m. to 12:00 noon).

Galax Ministry, call 276-236-3147.

Golden Harvest Thrift Shop-Hillsville, Hickory Hills Plaza; call 276-728-7824.

Goodwill Industries, visit www.goodwillvalleys.com or locally in Galax, 949 E. Stuart Drive; 276-236-3452.

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Willing Partners-Galax, 544 E. Stuart Drive; call 276-236-2072.

Credit Problems/Foreclosure Prevention

If you are thinking about bankruptcy, contact: Legal Aid for advice or HOPE for free budget counseling:

Southwest Virginia Legal Aid Society, 227 West Cherry Street, Marion; visit www.svlas.org or call 1-800-277-6754 or 276-783-8300.

HOPE, 680 W. Main Street (HOPE Ministry Center), Wytheville; visit www.wythehope.org or call 1-877-818-8680 or 276-228-6280.

Every person is entitled to one free credit report per year from each of the reporting agencies. To obtain your free credit report, visit www.annualcreditreport.com or call 1-877-322-8228.

Credit Reporting Agencies

Experien, visit www.experien.com or call 1-888-397-3742.

Equifax, visit www.equifax.com or call 1-800-685-1111.

Transunion, visit www.transunion.com or call 1-800-916-8800.

Education

Crossroads Institute of Wytheville Community College-Galax, 1117 E. Stuart Drive; call 276-744-4974.

Ivanhoe Civic League, call 276-699-1383. (Provides GED educational program.)

Industrial and Developmental Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally in Hillsville, 276-728-2106. (Provides individualized employment, training and support services to individuals with disabilities.)

Lindsey Wilson College School of Professional Counseling-Wytheville, Wytheville Community College, 1000 East Main Street; visit www.lindsey.edu or call 276-920-0899.

Mount Rogers Regional Adult Education Program (GED and ESL classes); visit www.mrraep.org or call 1-800-322-7748 or 276-228-5481. (Provides access to education for those who did not receive a high school diploma.)

Education (continued)

Old Dominion University Teletechnet Site-Wytheville, Wytheville Community College, 1000 East Main Street; visit dl.odu.edu or call 276-223-0161.

One-on-One Literacy Program-Grayson County, Marathon "Mini Mall", Highway 21, Elk Creek; call 276-655-4523. (Provides tutoring for adults in reading, writing, math and computer skills.)

Virginia Employment Commission; visit www.vec.state.va.us or locally in Galax, 963 Stuart Drive; 276-236-5105 (Thursdays 5:00 p.m. to 7:00 p.m.) (Provides GED classes; no pre-registration required; no classes on holidays or during bad weather.)

Wytheville Community College, 1000 E. Main Street; visit www.wc.cc.va.us or call 1-800-468-1195 or 276-223-4700.

Emergency 9-1-1

Magistrate's Office; locally:

Carroll County, 615 Pine Street, Suite 4, Hillsville; 276-730-3088
Grayson County, 122 Davis Street, Independence; 276-773-3222

New River Valley Regional Jail, 108 Baker Road, Dublin; visit www.nrvrj.org or call 1-888-643-4060 or 540-643-2000.

Sheriff's Department; call 9-1-1 for emergencies or local non-emergencies:
Carroll County, 605 Pine Street, Hillsville; 276-730-3020
Grayson County, 125 Davis Street, Independence;
1-800-782-7764 or 276-773-3241

Police Department; call 9-1-1 for emergencies or local non-emergencies:
Galax, 353 N. Main Street; 276-236-8102
Independence, 136 E. Main Street; 276-773-3703

Virginia State Police; visit www.vsp.state.va.us or call 9-1-1 for emergencies or local non-emergencies in Carroll County and Grayson County, 1175 Glendale Road, Galax; 276-236-5461.

Employment and Training

District Three Governmental Cooperative; visit www.district-three.org or locally:

Galax, 104 Rex Lane; 276-236-5228
Hillsville; Carroll County Senior Center; 276-728-4291
Independence, Guynn Center; 276-773-3015
(Provides services to individuals age 60 and older.)

Goodwill Workforce Development Center, 106 Town Center Drive, Dublin; visit www.goodwillvalleys.com or call 540-674-1721. (Provides training and employment services for individuals age 55 and older.)

Virginia Employment Commission; visit www.vec.state.va.us or locally in Galax, 963 Stuart Drive; 276-236-5105. (Free job search registration and unemployment insurance program.)

Westaff; visit www.westaff.com or locally in Independence, 307 E. Main Street; 276-773-3777.

Food

Food Stamp Program (Virginia Department of Social Services); visit www.dss.state.va.us or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130
Galax City, 105 E. Center Street; 276-236-8111
Grayson County, 129 Davis Street, Independence; 276-773-2452

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Willing Partners-Galax, 544 E. Stuart Drive; call 276-236-2072. (Food bank open Tuesdays and Fridays 10:00 a.m. to 12:00 noon.)

Women, Infants and Children (WIC) Program (Virginia Department of Health); visit www.vahealth.org or call your local Health Department:
Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166
Galax City, 703 S. Main Street; 276-236-6127
Grayson County, 186 W. Main Street, Independence; 276-773-2961

Health Care

Appalachian Independence Center; visit www.aicadvocates.org or locally in Galax, 104 Rex Lane; 276-236-6055. (Assures that individuals with disabilities in southwest Virginia receive the services they need.)

Community Counseling Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally:

Carroll County, 3545 Carrollton Pike, Woodlawn; 276-728-9184
Galax City, 140 Larkspur Lane; 276-238-9700
Grayson County, 108 Bedwell Street, Independence;
276-773-3515

(Provides psychiatric evaluations, counseling, crisis services and substance abuse services.)

Family Access to Medical Insurance Security (FAMIS), visit www.famis.org, call 1-866-873-2647, or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130
Galax City, 105 E. Center Street; 276-236-8111
Grayson County, 129 Davis Street, Independence; 276-773-2452

(A health insurance program that provides low-cost or free health coverage for children under age 19.)

Free Clinic of the Twin Counties-Galax, 140 Larkspur Lane, Suite C; call 276-236-0421 (leave message). (Provides medical assistance for individuals without insurance.) (Waiting list.)

Konnarock Health Clinic-Damascus, 20471 Azen Road; call 276-388-3411.

Lions Club; visit www.lionsclubs.org or locally in Galax, P.O. Box 277, Galax, VA 24333. (Provides eyeglasses and eye exams for qualified individuals.)

Lions Club Hearing-Galax; call 276-236-2619.

Mount Rogers Medication Assistance Program-The Pharmacy Connection (Virginia Health Care Foundation); visit www.vhcf.org or locally:

Carroll County; 276-398-2292
Galax City; 276-236-6127
Grayson County; 276-773-2961

Southwest Virginia Regional Dental Center, visit www.svchs.com/svrdc.html or call 1-888-531-8354:
Abingdon, 1211 W. Main Street (next to People, Inc.) (Tuesdays and Wednesdays 8:00 a.m. to 6:30 p.m.)

Smyth County, 308 W. Main Street (Saltville Medical Center), Saltville (Monday through Saturday 8:00 a.m. to 6:30 p.m.)

(Accepts Medicaid, FAMIS and all major insurances; payment arrangements available based on ability to pay.)

Tri-Area Health Clinic, 14559 Danville Pike, Laurel Fork; call 276-398-2292. (Sliding scale; patient assistance with medications.)

Troutdale Medical Center, 67 High Country Lane; call 276-677-4187. (Provides services on a sliding fee scale for qualified patients. Also administers the Mount Rogers Medication Assistance Program to help patients without prescription coverage get the medicine they need. Hours M-F 8:30 a.m. to 7:00 p.m.)

Twin County Regional Hospital, 200 Hospital Drive, Galax; visit www.tcrh.org or call 276-236-8181. Rehabilitation Services; call 276-236-1675.

U.S. Department of Veterans Affairs; visit www.va.gov or locally:
Veterans Benefits Administration, Roanoke Regional Office, 210 Franklin Road, SW; 1-800-827-1000.
VA Medical Center-Salem, 1970 Roanoke Boulevard; 1-888-982-2463 or 540-982-2463.

Virginia Department of Health; visit www.vahealth.org or call your local Health Department:

Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166
Galax City, 703 S. Main Street; 276-236-6127 (including patient assistance with medications)

Grayson County, 186 W. Main Street, Independence;
276-773-2961 (including patient assistance with medications)

(Provides maternal and child healthcare, reproductive healthcare, disease prevention services and environmental protection services. Some services are free; some are based on income; and some have an established fee.)

Health Care (continued)

Virginia Department of Rehabilitative Services, visit www.vadrs.org or locally in Wytheville, 180 W. Main Street, Suite 6; 276-228-2108. (Provides assistance to individuals with physical, mental and emotional disabilities to become self-supporting and as independent as possible.)

Housing Resources-Agency

HOPE, 680 W. Main Street (HOPE Ministry Center), Wytheville; visit www.wythehope.org or call 1-877-818-8680 or 276-228-6280. (State-funded Homeless Intervention Program provides counseling, referral and financial assistance to individuals and families at risk of becoming homeless.)

USDA Rural Development, 100 USDA Drive, Wytheville; visit www.rurdev.usda.gov or call 276-228-3513. (Low interest mortgages, home loans and home repair.)

Virginia Housing Development Authority, 185 East Main Street, Wytheville; visit www.vhda.com or call 276-228-7060. (VHDA is a public mortgage finance agency whose mission is to help low- and moderate-income Virginians attain quality, affordable housing.)

Housing Resources-Rent Based on Income

Cranberry Apartments, 214 Upland Street, Hillsville; call 276-728-7421.

Glendale Apartments, 102 Sutherland Road, Galax; call 276-236-9961.

Grayson Manor Apartments, 224 Nichols Drive, Independence; call 276-773-3500.

Harmony Village Apartments, 1149 Glendale Road, Galax; call 276-236-5555.

Laurel Ridge Apartments, 620 W. Grayson Street, Hillsville; call 276-728-9813.

Northway Apartments, 128 Wilson Avenue, Galax; call 276-236-8991.

Penn Court Apartments, 122 Bedwell Street, Independence; call 276-773-3782.

Riverview Apartments, 401 Hilltown Road, Fries; call 276-744-3447. (Persons 62 or older or disabled.)

Westview Terrace Apartments, 167 Howlett Street, Hillsville; call 276-728-3401.

Housing Resources-Section 8 Administration

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Housing Resources-Weatherization

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Internal Revenue Service

Philadelphia Office, Philadelphia, PA 19255-0022; visit www.irs.gov or call 1-800-829-1040.

Legal Services

Family Resource Center-Wytheville; P.O. Box 612; visit www.frc-inc.org or call 276-228-8431. (Provides court and legal advocacy.)

Southwest Virginia Legal Aid Society, 227 West Cherry Street, Marion; visit www.svlas.org or call 1-800-277-6754 or 276-783-8300.

Virginia Lawyer Referral Service (Virginia State Bar); visit www.vsb.org or call 1-800-552-7977.

Locality Information

Carroll County; visit www.carrollcountyva.org or call 276-730-3001.

Galax City; visit www.ingalax.net or call 276-236-5773 or 276-236-9944.

Grayson County; visit www.graysoncountyva.com or call 276-773-2000.

Twin County Regional Chamber of Commerce; visit www.gcgchamber.com or call 276-236-2184.

Other Services

American Red Cross; visit www.redcross.org or locally: Woods River Chapter, 244 Bee Line Road, Galax; call 276-236-2891. (Provides emergency assistance with disaster recovery, medications, eviction notices and power bills.)

Cliffview Church of God-Galax, 2923 Fries Road; visit www.cliffviewchurchofgod.org or call 276-236-5154.

First United Methodist Church-Galax, 306 W. Center Street; call 276-236-9937. (Apply in person Tuesdays and Thursdays 9:00 a.m. to 12:00 noon.)

First United Methodist Church-Hillsville, 225 Fulcher Street; call 276-728-2434.

Fries Ministerial Association; call 276-744-7263.

Galax Presbyterian Church, 200 W. Center Street; call 276-236-3147.

(Apply in person Wednesdays 9:00 a.m. to 11:00 a.m.)

Hillcrest Baptist Church-Galax, 1205 S. Main Street; call 276-236-5855.

Protective Services

Family Resource Center-Wytheville, P.O. Box 612; visit www.frc-inc.org or call 276-228-8431. (Provides protective services for people who are victims of family violence or sexual assault.)

Victim Witness Program; locally:

Bland County, 612 Main Street; 276-688-3206

Carroll County-Galax City (East), 605 Pine Street, Hillsville; 276-730-3033

Grayson County-Galax City (West), Independence; 276-773-2553

(Ensures that crime victims and witnesses receive fair and compassionate treatment while participating in the criminal justice system.)

Senior Citizens Services

District Three Governmental Cooperative; visit www.district-three.org or locally:

Galax, 104 Rex Lane; 276-236-5228

Hillsville; Carroll County Senior Center; 276-728-4291

Independence, Guynn Center; 276-773-3015

(Provides services to individuals age 60 and older.)

Shelters (Temporary/Emergency)

Crossroads Shelter-Wytheville, 240 Calhoun Street; visit

www.crossroads-shelter.org or call 276-228-9270. (Provides temporary food and shelter to homeless men, women and children including transients.)

Family Resource Center-Wytheville, P.O. Box 612; visit www.frc-inc.org or call 276-228-8431. (Provides protective services for people who are victims of family violence or sexual assault.)

Hostel of the Good Shepherd-Galax, 408 W. Center Street; call 276-236-7573. (Temporary housing for homeless individuals and families.)

Presbyterian Children's Home of the Highlands-Wytheville, 425 Grayson Road; visit www.pchh.org or call 276-228-2861. (Provides residential care for children in crisis ages 5-17.)

Special Needs Assistance

Advanced Patient Advocacy; visit www.apalc.com/Patients or call 804-272-6001. (Helps individuals secure government benefits such as Social Security Disability and Medicaid.)

Appalachian Independence Center; visit www.aicadvocates.org or locally in Galax, 104 Rex Lane; 276-236-6055. (Assures that individuals with disabilities in southwest Virginia receive the services they need.)

Bristol Regional Speech and Hearing Center, 2603 Osborne Street, Suite 1; visit www.bristolsspeechandhearing.com or call 276-669-6331. (Provides used hearing aids.)

Social Security Administration; visit www.ssa.gov, call 1-800-772-1213 or locally in Wytheville, 130 Withers Lane; 276-228-4699.

Virginia Department for the Deaf and Hard of Hearing; visit

www.vddhh.org or call 1-800-552-7917.

Virginia Department for the Blind and Vision Impaired; visit

www.vdbvi.org or call 1-800-622-2155.

Special Needs Assistance (continued)

Virginia Department of Rehabilitative Services, visit www.vadrs.org or locally in Wytheville, 180 W. Main Street, Suite 6; 276-228-2108. (Provides assistance to individuals with physical, mental and emotional disabilities to become self-supporting and as independent as possible.)

Substance Abuse

Alcohol Anonymous; visit www.aavirginia.org or call 1-800-886-8925 for local group meeting information.

Community Counseling Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally:

Carroll County, 3545 Carrollton Pike, Woodlawn; 276-728-9184

Galax City, 140 Larkspur Lane; 276-238-9700

Grayson County, 108 Bedwell Street, Independence;

276-773-3515

(Provides psychiatric evaluations, counseling, crisis services and substance abuse services.)

Transportation

Public Transit (District Three Governmental Cooperative); visit

www.district-three.org or locally in Carroll County, Galax City and Grayson County, 104 Rex Lane; 1-866-238-4293 or 276-236-3055. (Provides public transit programs to all age groups.)

Greyhound Bus Line; visit www.greyhound.com, call 1-800-231-2222.

Veteran Services

U.S. Department of Veterans Affairs; visit www.va.gov or locally:

Veterans Benefits Administration, Roanoke Regional Office, 210 Franklin Road, SW; 1-800-827-1000.

VA Medical Center-Salem, 1970 Roanoke Boulevard; 1-888-982-2463 or 540-982-2463.

Veterans Service Administrator; call locally:

Galax VEC; 276-236-5105 (Fridays 10 a.m. to 2:00 p.m.)

Hillsville VFW; 276-728-2911 (Second and fifth Tuesdays 10:00 a.m. to 2:00 p.m.)

(Call location prior to visit, as schedule is subject to change without notice.)

Virginia Department of Social Services

Visit www.dss.state.va.us or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130

Galax City, 105 E. Center Street; 276-236-8111

Grayson County, 129 Davis Street, Independence; 276-773-2452

Child Abuse Hotline; 1-800-552-7096

Vital Statistics

Office of Vital Records (Virginia Department of Health); visit

www.vahealth.org or call your local Health Department:

Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166

Galax City, 703 S. Main Street; 276-236-6127

Grayson County, 186 W. Main Street, Independence;

276-773-2961

(Provides birth and death certificates.)



HOPE is supported by the Twin County United Way.

HOPE is a human services organization facilitating initiatives and coordinating services aimed at improving the overall well-being of individuals and families by providing the tools necessary to increase self-sufficiency, promote healthy lifestyles and enhance quality of life.